



# BUSY, STRESSED OUT, NO TIME FOR YOURSELF? HELP IS ON THE WAY.

## On-Site Health Fair

Courtesy of Strelcheck Chiropractic Clinic

**FREE** chair massages

**Mini Lecture** by Dr. Peter Norton  
"Good Posture and Your Health"

**FREE** spinal health screening & exam

For more information  
call Linda Kennedy at 815 459 3860 or  
email [lkennedy@strelcheckchiro.com](mailto:lkennedy@strelcheckchiro.com)



**When:** Thursday, May 14th  
11:30am-1:30pm

**Where:** Day Care Facility

**When:** Thursday, May 14th  
2:00pm-4:00pm

**Where:** Manor and Village



## STRELCHECK



CHIROPRACTIC CLINIC

[www.strelcheckchiro.com](http://www.strelcheckchiro.com)

Open to all employees of all of the Hearthstone Facilities and Woodstock Christian Life Services